



MCRMA TECHNICAL APPRECIATION COURSE

Day One

10.00-10.15

Introduction to course and domestic arrangements

10.15-11.30

Building process

A typical route, from the client identifying the need, through design, specification and construction to final handover; identifying the function and decisions made by the key personalities. This will also briefly introduce all aspects of the building performance which will be covered in more detail later in the course.

11.30-12.45

Steel Structure

Steel frame. Examination of typical frames, including a detailed discussion on purlins and rails. Explanation of loads the building must withstand and the importance of the interaction between cladding and steelwork.

12.45-13.15

Lunch

13.15-14.30

Cladding systems and components

Explanation of the advantages and disadvantages of various shapes and types of profiled and composite metal cladding. Showing examples of typical specifications, load tables etc.

Flashings. Discusses the details at ridge, eaves, verge, corner, cill, door and window.

Rooflights. Explains the most common materials and constructions used, critical aspects of the design and common problems.

Penetrations. Covers the most common types of roof and wall penetrations.

14.30-14.45

Tea break

14.45-16.30

Building Performance

Thermal performance. Explaining U values, thermal insulation and thermal bridges in cladding and gutters.

Condensation. Explains how it can occur, why it may be a problem and what can be done to minimise it.

Corrosion and coatings. Consider briefly why corrosion occurs, including the electrolytic action between different metals and atmospheric effects. How it can be controlled using different coatings such as zinc and paint. Looks particularly at profiled metal sheets, cold rolled sections and highlights areas of weakness.

Acoustics. Explains acoustic terms and principles, describes the most common metal cladding construction and discusses performance.

Fire performance. Shows why fire performance is important with regard to Building Regulations and insurance companies. Explains the various standard tests for Class 0 and Fire Resistance and their significance for profiled metal clad buildings.

16.30-16.45

Summary and review

Day Two

09-00-09-30

WAH 2005 legislation

09-30-10-15

Collective protection

10-15-10-30

Coffee break

10-30- 11-130

Video "Getting it right at height", with class discussion

11-30-12-15

Walk around CITB facilities to look at various working platforms

12-15-13-30

Lunch

13-30-14-30

Risk assessments and method statements for the practical work

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| 14-30-15-00 | Looking at the material schedules and detail drawings of the rigs. PPE issue |
| | NB : Operatives must supply hi-viz jacket, safety boots, safety glasses, hard hat. (These items should be available from your company) |
| | CITB to issue Kevlar type gloves for handling sheet material |
| 15-15-15-30 | Tea break |
| 15-30-15-45 | Practical setting up of hand tools and power tools with issues on PAT testing etc. with demonstration of each tool |
| 15.45-16.30 | Setting out and levelling using levels and measuring equipment |
| 16-30-16-45 | Summary |
| Day Three | (Breaks to be taken when convenient) |
| 08-30-16.30 | Installing double skin wall cladding to include, lining panels, internal corners, cutting window openings and making and fixing internal window closures and spacer system, measuring, marking and cutting a drip flashing to a 90 degree external corner, measuring, marking and cutting wall cladding to external corner and window detail and measuring, marking and cutting and fixing weathering flashings to detailed junctions to include external corner, window cill, jamb and head flashings |
| 16-30-16-45 | Summary and close |

January 2017